

## STAGE 7

 Esplanade   West Bay	11:00
Burton Bradstock	11:15
Abbotsbury	11:26
Chickerell	11:38
Weymouth	11:41
 Dorchester	12:06
West Lulworth	12:33
Corfe Castle	12:54
 Wareham	13:02
Bere Regis	13:18
Blandford Forum	14:04
Wimborne Minster	14:24
Verwood	14:45
 Victoria Road   Ferndown	15:01

All times based on fastest schedule.

### TOP TIPS FOR SPECTATORS

- Take note of the stage route, road closures and race timings that may affect you.
- Grab a safe spectator spot early and enjoy the build up to the peloton arriving.
- If you can't get to a start or finish location, check out where your nearest sprint points or ŠKODA King of the Mountains climbs are along the route.
- Do not obstruct the riders in any way. Keep children and animals back from the roadside.
- The whole stage is live on TV. ITV4 will be showing flag-to-flag live coverage of the entire stage plus a nightly highlights programme, bringing you all of the best bits of the day's action.
- Keep up-to-date with the latest news and action via the website and our Twitter @tourofbritain #TourofBritain
- We want you and the riders to have an unforgettable Tour experience, so soak up the atmosphere and make some noise!

Don't forget you can visit [tourofbritain.co.uk/stages](http://tourofbritain.co.uk/stages) for further information including detailed maps and timings for your stage.



### RESPECT THE RIDERS

We encourage everyone to get behind the riders, but please remember this is their race. Please don't block their route, run alongside them or impede their progress.



**ROAD CLOSURES** A rolling road closure will be enforced on the stage route. This means roads on and around the race route will be closed to traffic by Police Escort Vehicles. Closures are in place for a short period (usually around 30 minutes) to allow – the race to pass safely. To make sure the route is safe for the public and competitors, additional areas have been identified that will be closed slightly longer in duration to the main rolling closure. For details of timings, road closures and alternative routes, please check the Dorset Council website: [dorsetcouncil.gov.uk/travel/travel-dorset/roadworks-road-closures](http://dorsetcouncil.gov.uk/travel/travel-dorset/roadworks-road-closures)



**NO PARKING** The route is marked with yellow advanced warning signs in the run up to the Tour of Britain. Please don't park on the route on the day: if necessary, vehicles may have to be removed.



**LISTEN** There will be an advance vehicle 15 minutes ahead of the race, keeping you up-to-date with what is happening in the Tour of Britain as well as live coverage on ITV4.



**CAUTION** Please keep children back from the edge of the road and animals on a lead, away from the roadside. Riders pass by very fast, and while we encourage support, please keep flags, objects and photography equipment out of the road. Remember, taking selfies is fun, but turning your back on the race is never a good idea. Please face the oncoming riders and race convoy at all times.



**POLICE** The Tour of Britain is escorted along the route by trained police officers and escort motorcyclists. If you are asked to stop by an officer, please listen carefully and obey their instructions.



**SUPPORT** Don't forget, this is a major international race and Britain's largest free sporting event. So show your support for the British heroes and the international stars who will be taking part and leave them with positive memories of the support at the Tour of Britain.

#### STAGE PARTNERS



#### RACE PARTNERS

