

Give us a Break Holiday Club

Especially created for ages 5 to 13 years

What a great way to spend the school holidays, doing all sorts of indoor, outdoor and sporting activities in our established holiday club. The days are themed and designed to give variety, and are full of fun, supervised activities for each child to enjoy. **Just bring your lunch and a drink and leave the rest to us!!** Give us a break holiday club has a different activity plan each day where we encourage the children to join in and to make their own choices and decisions. Give us a break holiday club is Ofsted registered, all our staff are CRB'd, ensuring a safe environment for the children.

Option 1 Full day (8.00am - 6.00 pm) - Member £17.50 Non member £19.50

Option 2 Half day (8.00am - 1.00 pm / 1.00 - 6.00 pm) - Member £10.00 Non member £12.00

Monday 13 @ Potterne Park

Make a board game day and pancake making. Have a go at designing your very own board game, you can make it on your own or with a friend and then test it out !!!

Tuesday 14 @ Verwood Leisure Centre

Multi Activities and Face painting. Choose as many activities as you want this day. Play badminton, table tennis or short tennis. Have a go at football or basketball. If this is too active for you then spend your time being creative with our art and craft materials. Face painting available should you wish.

Wednesday 15 @ The Hub

Valentine art and crafts, and cinema day. Make and create a whole host of Valentine goodies, and then, in the afternoon, if you wish, enjoy the cinema which is showing "Dolphin Tale". (Cinema entry is £2.00 extra per child)

Thursday 16 @ Potterne Park

Don't forget the bird's this winter! Have a go at making a bird cake - a tasty treat for the birds, and design your own bird feeder. You could make this for your own garden or even as a present for someone.

Friday 17 @ Potterne Park

Trip to Moors Valley. Enjoy Moors Valley Country Park, and all it has to offer. If you take part in the half day, you will have to be collected or dropped off from Moors Valley Country Park.

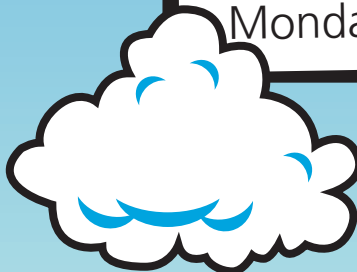
*Give us a break terms and conditions

- All payment to be made at time of booking
- A registration form must be filled in prior to children attending their first day at GUAB
- Any changes / cancellations to your pre booked sessions require a minimum of 24 hours notice to be issued a credit note / change of session date. This can only be authorised through the Duty Manager on shift.
- In the event of child sickness, changes to sessions are at the discretion of the Duty Manager.
- Please refer to policies and procedures held on site for all other terms and conditions.



February Half term Activities

Monday 13 - Friday 17 February



For more information
or to book on any activity contact
Verwood Leisure Centre 01202 821007
www.verwoodleisure.co.uk





Cycle training level 1 @ The Hub

Age 7+

Monday 13 February.....9.00 - 1.00 pm

Start from the beginning and learn the basic skills of becoming a safe cyclist with our qualified instructor. This course is completed in a morning and at the end of the course a certificate and badge will be awarded to every trainee.

M £13.50 N/M £15.50

Cycle Training 2 (3 day course) @ Verwood Leisure Centre

Age 9+

Monday 13, Tuesday 14 & Wednesday 15.....2.30 - 4.30 pm

Why not increase your road cycle skills under the guidance of one of our fully qualified cycle instructors. They will teach you how to negotiate road junctions and be a safe cyclist on the road. A certificate and badge will be awarded to every trainee on completion of the course.

M £20.00 N/M £22.00

Pink & Pretty makeover morning @ Verwood Leisure Centre

Age 5+

Monday 13.....9.30 - 12.00 Noon

Bring your friends along to this luxury themed morning. Make a sparkly tiara, or another accessory, make jewellery, have your nails painted, with the colour of your choice, finished off with nail art. What more could you want!!

M £4.10 N/M £5.50

Football Camp - (4 day play) @ Potterne Park

Age 6+

Monday 13 - Thursday 169.00 - 4.00pm

A fun packed camp where you will be training with friends learning new skills, tricks and shooting techniques, to help improve your game. As you gain each skill you will be able to record this in your own personal log.

Day 1- Passing

Day 2 - Dribbling

Day3 - Shooting skills
action.

Day 4 - Tournament day - put all that you have learnt into

M £45.00 N/M £50.00

Indoor cycling @ Potterne Park

Minimum height 4ft 11ins

Tuesday 14Session 1: 10.00 - 10.30 am

.....Session 2: 10.30 - 11.00 am

Experience hill climbing and sprinting, on a static bike for extreme fitness and fun, all done to the beat of the music.

M £2.50 N/M £3.50

Youth Open Badminton Morning @ Verwood Leisure Centre

Tuesday 14 & Thursday 168.00 - 12.00noon

Book a badminton court between 8.00 am and 12noon for only £1.00 per player.

Booking available from 7.00am on day of play (excludes weekends).



Teeny Trampoline & Gymnastics

Age 3 - 5

(must be supervised by parent / guardian)

Wednesday 15.....Session 1: 2.00 - 3.00 pm

Bring mum, dad, granny or granddad, so they can watch you have fun on our bouncy trampoline with our fully qualified coach.

£3.20 per session

Trampolining @ Verwood Leisure Centre

Ages 5+

Wednesday 15

Session 1: 10.30 - 11.30am

Session 2: 11.30 - 12.30am

Join our qualified coach and learn the basics of this sport and learn to develop your moves and jumps. If you enjoy this, then why not book on our weekly run course!

M £4.10 N/M £5.50 per session



Gym & Circuits @ Verwood Leisure Centre

Ages 9+

Wednesday 15.....5.15 - 6.10

Spend half an hour completing different exercise stations, designed to give you a total body workout, all done to the beat of the music, then for the second half complete your workout in the gym, under the guidance of our fitness instructor. If you enjoy it, why not come to the weekly class!

£2.00 per person

Youth Open Badminton Morning @ Verwood Leisure Centre

Tuesday 14 & Thursday 168.00 - 12.00noon

Booking available from 7.00am on day of play (excludes weekends).

Book a badminton court between 8.00 am and 12noon for only £1.00 per player.

Teeny Tumble & Bounce @ Verwood Leisure Centre

Walking - 4 yrs

Friday 17.....9.30 - 11.30am

Bring mum, dad, granny or granddad along and have fun playing on the bouncy castle or tackling the giant sized soft play shapes and tunnel. Tea / Coffee provided.

£2.00 Adult free!



Girls Football Day

Ages 6+

Friday 179.00 - 3.00 pm

A fun packed day where all you girlies can be introduced to our nation's favourite game, or you can learn new skills and techniques to help improve the knowledge you have already.

M £10.50 N/M £12.50