



CAN WE HELP YOU?

Your local Wayfinders have been able to help lots of older people in Dorset to connect with services that are relevant to them because Wayfinders have a huge list of contacts and information about most things you can think of.

If they don't immediately have the information to hand then they will go and research the answer for you.

Wayfinders can help point you in the right direction for specialist help and advice about

- ◇ Social events and lunch clubs
- ◇ Learning opportunities
- ◇ Local information
- ◇ Problems with housing
- ◇ Getting out and about
- ◇ Health information
- ◇ Help with money
- ◇ Keeping warm in the winter

Central Phone Number 01305 213345

Local wayfinders are LIZ 07971 338495 & ALAN 07971 338381

The Wayfinder project is managed by Age Concerns in Bournemouth and Dorchester